



CHEMAINUS SECONDARY REFLECTIONS

9947 Daniel Street, Chemainus, BC V0R 1K1
Phone: (250) 246-4711 Fax: (250) 246-2318

Upcoming Dates

Tues Nov 6 - Learning Lab starts

Weds Nov 7- Remembrance
Ceremony @ 1:00pm

Thurs Nov 8 - Post Secondary
Visit

Thurs Nov 8-Fri Nov 9 - Literacy
Assessment - all grade 11 &12s

Fri Nov 9 - Term 1 ends

Fri Nov 9 - Photo Retakes

Mon Nov 12 - Remembrance
Day (school closed)

Weds Nov 14 - Take Your Kid to
Work (all grade 9s)

Fri Nov 16 - Report cards issued

Mon Nov 19 - PAC meeting @
3:10

Weds Nov 21 - PLC (2 hour early
dismissal @ 1:10)

Thurs Nov 29 - Red Cross Blood
Donor Clinic @ CHSS MPR

Fri Nov 30 - Pro D Day (no
school)



Artist: Makenna Stobbe, Grad 2018

Lest We Forget

Our school community will come together on November 7th at 1:00pm to honour our veterans and give thanks for all of their sacrifices. Parents and members of the community are welcome to join us for the ceremony in our school gym.

Thank you to our local legions for taking the time to be an integral part of this ceremony.

Learning Lab 2018-19

Learning Lab restarts for the year on Tuesday, Nov 6th. Learning Lab gives students increased flexibility and choice to develop ownership of their learning and increased student engagement. This year, students have been asked to pick at least one project (companion project) from a list offered by their first semester teachers, or develop a project of their own to be approved by one of their current teachers. Students will work on this project during Learning Lab time and will be given credit for course work in a class that they are currently enrolled in. Learning Lab will run twice a week (Tues/Thurs) for 5 weeks, followed by a Showcase of Learning where students will show others their learning. Stay tuned for more information and an invitation to come into the school to see what your son/daughter has been working on.

Keep us updated!

Has your phone number, email or address changed in the past few months?

If you answer yes to any of the above, please contact the counselling office to update your child's student file. You can reach Angela at:

PHONE: 250-246-4711 ext 110

or

EMAIL: counsellingchss@sd79.bc.ca



Canadian Blood Services
it's in you to give

THURSDAY, NOVEMBER 29th

MULTI PURPOSE ROOM - CHSS

CHSS - Leading the way on BC's Journey Towards Reconciliation in Education



Chemainus Secondary Dance 8-12 and English 10 and 12 students had the incredible opportunity to showcase their creative work to a professional film crew who were creating a video for the Ministry

of Education. The purpose of the video was to capture examples of how schools, staff and students across BC are delving deeper into the work of learning more about our nation's history as it pertains to residential schools and reconciliation. Our students and staff took to the world stage to showcase their work on film and live at our first "Spotlight" showcase last month.



Check out the video at:

<https://www.youtube.com/watch?v=KVTwt9gVif4>

Leadership

Our Leadership class just finished a fun filled day of Halloween events. On Wednesday, October 31st we had our Annual Pumpkin Carving and Costume Judging Competitions. Candy was also given out to all students and staff. The dance classes joined in the festivities and ran a Haunted House and a Flash Mob. Fun was had by all and costumes were fantastic!

Stay tuned for our next events coming in November! The **Indoor Gym Riot** which will be held on **Wednesday, November 21st**. Wear your school colours! Red, White and Blue!

SD 79 Grads

On Oct 10, for the first time in School District 79 history, to the best of our knowledge, all of the 2019 Graduates from all of our district secondary schools came together at VIU Cowichan.

Students mixed and mingled with each other, had some fun on inflatables, received some information about VIU programs and ate a bbq lunch. And most importantly, got to enjoy each others' company for the afternoon. Thank you to VIU, SD79 and staff who chaperoned.



Grads

SCHOLARSHIP AND BURSARIES (Ms. Hittinger)

Grade 12's should now be preparing academic resumes, cover letters and applications for scholarship and bursaries which are open to students throughout BC and Canada. Examples of applications are available in the filing cabinet found in the counselling office. Students should be aware that academic resumes are different from employment resumes. Graduates presenting high quality packages are often successful in obtaining post-secondary funding; therefore, students requiring help should seek assistance as soon as possible. We are starting to receive scholarship application forms.



Please be aware that many of these are specific and the competition for them is intense. For large scholarships, a student is often in competition with students across Canada. Sometimes the competition runs throughout North America. See www.scholarshipscanada.com and www.studentawards.com for more details.

What should Grade 12's be doing now?

By using the counseling office, college and university calendars, internet sites and visiting the college personnel, students should be:

- Deciding on which program of study they wish to take next year
- Deciding on which college/university they wish to attend next year
- Finding out about application deadlines, residence deadlines and scholarship deadlines
- Finding out about any unions, groups or affiliates to organizations that their parents and grandparents have belonged to
- Requesting reference letters

All About That Taste

Breakfast: Tuesday - Friday,
Lunch: Tues & Weds

Healthy breakfast options include freshly made homemade muffins and granola bars, as well as a menu with breakfast sandwiches, bagels, hot and cold drinks.

Our lunch menu is ever changing..homemade: sandwiches, burgers, wraps and sliders; rotating salad options: taco salad, Caesar salad, Greek salad with homemade pita chips and dips...and homemade soups: chicken, tomato, Mexican tortilla. Hearty meals of pierogis, baked spaghetti, Mac and cheese have been added now that the cooler weather is here.

****Now available...payment by debit card with interac flash and Apple Pay**

Key websites for graduates

- Graduation program: www.bced.gov.bc.ca/graduation
- Career planning and post secondary options in BC: www.educationplanner.ca and www.myblueprint.com
- Your post secondary education programs and institutions in BC – offers students and parents information on post secondary education, careers and the workforce: www.bced.gov.bc.ca/careers
- Student financial aid – your online guide to information about financial assistance programs including grants, loans and interest relief: <http://www.aved.gov.bc.ca/studentaidbc/>
- Provincial examinations Frequently Asked Questions: www.bced.gov.bc.ca/resources_for_students.htm
- Exams, transcripts and scholarships, data management and student certification: www.bced.gov.bc.ca/resources_for_students.htm
- BC college/universities scholarships: www.scholarshipscanada.com and www.studentawards.com
- Online applications in BC: <http://www.applybc.ca>
- Canadian universities and colleges: www.schoolfinder.com

Scholarship Deadlines:

Quest for Excellence Program (<http://bit.ly/2cjAm4n>) - Application deadline is March 11th, 2019
Schulich Leader Scholarships <http://www.schulichleaders.com> - Nomination by January 29th, 2019

Grad Transitions (Ms Hryniuk)

Graduation Transitions is a 4-Credit requirement that must be completed in order for a student to graduate. No mark is assigned. Students will receive an RM (Requirements Met) upon completion.

For more information contact Ms. Hryniuk, the Counselling department or checkout the Ministry of Education website. As your child plans for life after high school, you may find the following Ministry of Education document useful for planning:

GRAD TRANSITION CONVERSATION DATES:

Early grads & by sign up - Tuesday, January 15th, 2019
All remaining grads - Tuesday, March 5th, 2019

Dry Grad/Prom Committee

Important dates/activities:

Sat, Jan 6th: Bottle Drive (rain or shine)

Prom Parade date CONFIRMED: Saturday, May 25th
Prom Banquet @ Arbutus Ridge Golf Club

Next Grad meeting: Thursday Nov 15th @ lunch in the library
Next Grad PARENTS meeting: Nov 14th @ 6:00pm in the library

NWT-BC Student Exchange (Mrs Baker)

A very excited group from Chemainus Secondary are very busy planning an exchange with Ecole Sir John Franklin High School in Yellowknife, NWT. We will be travelling there at the end of February 2019 and their group will be travelling here during the middle of May 2019. All the travelling expenses are covered by Experiences Canada, a Federal Government program, but we have to raise money to cover other expenses such as camp fees, bus rentals and admission charges. Our fundraising has begun!



We are currently collecting the refundables at our school, planning a refundables drive (please hang on to all your cans, bottles and tetra packs), and we will be selling crafts at the Chemainus Secondary Craft Fair to be held on December 7th and 8th. Besides fundraising we need to find 20 very good winter coats, 20 very good pairs of winter boots and 20 warm pairs of mittens, it's going to be very cold and we want to spend as much time as possible outside while we are there. Please email me (smbaker@sd79.bc.ca) if you can donate any of these items listed above.

FIND YOUR FIT TOUR – A CAREER EXPLORATION EVENT

Trying to help your kids figure out what to do after high school? Come to the WorkBC's Find Your Fit Tour and see how this event can help them explore career and training options. **Open to Chemainus Secondary School students on November 15th, 2018 from 8:45am – 3:10pm and from 3:30pm - 7:00pm for students and parents.**

www.workbc.ca/findyourfit

The event allows students to jump right in and try the skills they'll need for different in careers in demand across BC. Interactive activity stations including welding, carpentry, accounting, and more will help students apply real life experiences to their career planning. Students will also be able to connect with WorkBC's labour market information, tools and services. Parents are also welcome to attend the event, as they look for ways to educate and support their children in their career exploration.

Athletics (Mr Peruniak)

Grrrrrr! COUGARS! GRRRRRRR!

As November unfolds we have a busy month of volleyball action as teams set to play in the Island Championship tournaments. Both Senior Boys and Girls will head to Nanaimo Christian School in a bid to extend their seasons and gain a birth to the Provincial tournament. See dates below.

Meanwhile, boy's soccer wrapped up at the mid-October Island Championship tournament held in Duncan. The boys played hard but were unable to overcome strong teams from Brooks-Westshore and Duncan Christian. A huge thank you to Kathleen Ngenda for stepping in to coach the team this season. Thanks Kathleen!

Attention!! All basketball players!!! As we look ahead to November 27th and the beginning of basketball season we would love to see you come out to work on your skills. There is drop-in basketball Wednesday's after school and Friday mornings. We are also looking for COACHES for our girl's program. If you know of anyone interested in helping out please contact Mr. Peruniak as soon as possible.

I hope to see and, more importantly, hear you in the stands over the next few weeks as our athletes get set to battle.
Grrrrrr! Cougars! GRRRRR!

GAME SCHEDULE – please note league games begin at 3:45pm.

Senior Boys Volleyball

Nov 7th – Island Sr. Boys A Vball Championship @ NCS (Nanaimo)

Senior Girls Volleyball

Nov 16 & 17th – Sr. Girls Island Vball Championship @ NCS (Nanaimo)

Parents, guardians, and community members we are still looking for COACHES! To build a sustainable athletics program in any school requires a great amount of help from our community. Without community coaches many of our programs will not be possible. If you are interested in getting involved please call me (Mr. Peruniak) at the school 250-246-4711 or email at kperuniak@sd79.bc.ca.

Counselling & Careers (Mr Culbertson & Mrs Stoochnoff)

Post Secondary Visit - Grade 11 & 12

November 8th are the Post Secondary Visit for all grade 11 and 12 students. There will be 12 post secondary schools coming to our school for 2 morning individual sessions and a small mini fair of all the schools to share information about the programs at their institutions and how students can apply and qualify for acceptance into the program of study they wish to pursue.

Take Your Kid to Work Day - Grade 9

November 14th is Take Your Kid to Work Day for all grade 9 students. All grade 9 students in Canada have the opportunity to visit a work place they maybe interested in working at in the future for the day to experience what it would be like to get a job in that particular field of employment. More information will be sent home to parents in early November.

Volunteer opportunity for students (Grades 10-12) --and adults!

On October 24th at lunch in Room 213, all students were invited to come and listen to a representative from The Stroke Foundation of the Cowichan Valley about a program in which he hopes to connect people of different generations. The representative would be happy to come back to school if we have more interested parents and students.

The hope is to create 'belonging' for those who have survived strokes and brain injuries and veterans by building social strengths and resources. The vision is that every stroke survivor moves through recovery with hope and support to lead a full and rewarding life.

Some facts:

There are approximately 8,100 strokes per year in BC. Strokes have risen by 24% among people in their 50s, and 13% among those in their 60s. Between 2000 and 2010, ischemic stroke (the most common type) sharply increased among people ages 25 to 44, by 44%. Stroke is the number one cause of disability in adults in BC. Health and quality of life can improve through leisure and recreation.

Intergenerational programming is a way of promoting participation in activities. We all need community. We all need relationships and places where we can connect with others, and where everyone knows your name. Intergenerational programming provides an environment of practicing acts of kindness and learning effective social skills.

Students hoping to enter a career in the medical field: This is an especially good volunteer opportunity to gain some experience/skills/empathy and to strengthen your resume.

Please spread the word to other parents/grandparents/friends. Contact Ms. Stoochnoff at bstoochnoff@sd79.bc.ca if you are interested in learning more.

Graduation Requirements and Post-Secondary Requirements are Very Different!

This is the information that senior students receive from their counsellors (which is the same as is taught in Planning 10 and is discussed every year for senior course selection) so that they can better choose their courses for the future.

Students need a total of 80 credits to graduate, 52 of which are from "required courses". Counsellors and other school personnel make sure that students take the required courses, and advise students on what courses fulfill both the requirements for graduation and the "typical" requirements for the "typical" university. Colleges tend to have less rigorous requirements.

Students and parents, however, need to check the admission requirements of any post-secondary institution in which they might be interested. Requirements vary from institution to institution, and secondary school counsellors can only advise; they are not counsellors for that post-secondary institution. However, the general admission requirement for most of our local universities (for a degree program) is for English 12 and an additional three "approved" Grade 12 courses (see the specific institution's list of "approved" courses). In our school, classroom courses that are generally accepted (but check with any institution to which you want to apply) are Physics, Biology, Chemistry, History, Geography, Pre-Calc Math, Calculus, Law, and Computer Information Systems. (The preceding list was taken from the UVic website.)

Some programs will accept other "approved" courses (or not accept all those listed above), or set different standards. For example, UVic's Fine Arts Program will accept two "approved" academic courses and one "approved" Fine Arts course such as Art Foundations 12 (visit their website to see which others are approved.) These can change from year to year, as well as from program to program. Students and parents can go to any post-secondary institution's website and follow the links for admission requirements.

*For Fall of 2019, SFU is requiring 4 approved courses, and English 12.

PAC News (Alana Starkie, PAC Chair)

Our next PAC meeting will be held Monday, November 19th at 3:10.

We held our AGM meeting on October 15th and all current executive members were acclaimed in their positions for another school year. Thank you all for agreeing to continue on in your roles.

- Alana Starkie – Chair
- Katie Robertson – Vice Chair
- Carrie Kendall – Secretary
- Gina Brown – Treasurer

As the holiday season approaches, we encourage you to support PAC by using our FlipGive page to link you to all your favourite online retailers, where we will then earn a commission for your purchases.

Go to www.flipgive.com and search for “Chemainus Secondary School PAC” to link your spending to our team account. You can also download the mobile App “FlipGive” and use it directly from your phone! Every little bit adds up to help us support our students.

Pizza lunches are going well, we are selling out and the students are enjoying having pizza Mondays. Thank you to the leadership students who help serve pizza with us.

If you have any questions or would like to see what’s happening with our PAC, check out our Facebook group page “Chemainus Secondary PAC” where you can keep updated and connect with us.




VIU@COWICHAN INNOVATION LAB
Presents
**BRIDGING THE DIGITAL DIVIDE:
LEARN TO CODE**

“PHP is a popular general-purpose scripting language that is especially suited to web development. Fast, flexible and pragmatic, PHP powers everything from your blog to the most popular websites in the world.”

WHEN: Thursdays, November 8 - February 21
6:00 - 8:00 PM

WHERE: VIU@Cowichan Computer Lab 130

COST: FREE (*seating is limited, so act fast!*)

CONTACT:
SALLY CARPENTIER
sally.carpentier@viu.ca

*please note that there will be no classes in December due to the exam period and holiday closures.

Vancouver Island University, Cowichan Campus
2011 University Way, Duncan
cowichan.viu.ca



Chemainus Homestay Families Needed!

We offer short-term and long-term programs

Families are paid \$850/month

More info:
sberry@sd79.bc.ca
250-710-1272

